

CLASS DESCRIPTIONS

BEGINNER CLASSES — 4 WEEK SESSIONS

Snowplow Sam (3-5 yr olds) Levels 1/2/3

For those with very little or no ice skating experience. Emphasis on becoming confident and comfortable while learning to move on the ice. We strongly recommend helmets for this age group.

Basic 1 & 2

Introductory levels for those with no real skating experience. These levels will focus on basic forward and backward skating as well as stops and edge familiarity.

INTERMEDIATE/ADVANCED — 8 WEEK SESSIONS

Basic 3 & 4

More comprehensive curriculum with focus on power, control, turns, spins and beginning figure skating techniques.

Basic 5-8

Edge control, footwork sequences, more complex turns and artistic elements. Introducing fundamentals for jumps and spins.

Freestyle 1-6

Figure skating focus with complex footwork, artistic presentation, mastering basic single revolution jumps and challenging spins.

Specialty Classes-Offered on a rotating basis -Topics offered include Power Skating, Jumps and Spins, Synchronized skating and Ice Dancing and much more....

ADULT ONLY CLASSES-Basic 1-4 and Freestyle*

The Adult Basic classes will cover the same skills and techniques as covered in Basic 1-8. The Adult Freestyle classes follow the same structure and curriculum as Freestyle 1-6. * **Adult Basic 1 & 2 are 4 week sessions and all other adult classes are 8 week sessions.**

HOMESCHOOL CLASSES*

These classes are offered for beginners (Basic 1-4) and Advanced (Basic 5 and above). These are generally self paced and offered at convenient times for those who have flexibility during the day. ***Basic 1 and 2 are offered as 4 week sessions and Basic 3 thru Freeskiate 6 classes are offered as 8 week sessions. BEGINNING 9/25 AT NORTHCROSS RINK**

* We reserve the right to cancel or combine classes depending on enrollment.

4 Week Session Schedule

(Snowplow Sam — Basic 1 & 2)

NORTHCROSS



I-35 TRAINING CTR



Snowplow Levels 1 and 2

Tuesday @ 10:15

Wednesday @ 5:15

Tuesday @ 5:45

Saturday @ 10:00

Saturday @ 10:15

Snowplow Levels 2 and 3

Tuesday @ 10:15

Wednesday @ 5:50

Tuesday @ 5:45

Saturday @ 10:35

Saturday @ 10:50

Basic 1

Wednesday @ 5:15

Tuesday @ 5:45

Thursday @ 4:10 N/A

Saturday @ 10:00

Saturday @ 10:15

Basic 2

Wednesday @ 5:15

Tuesday @ 5:45

Thursday @ 4:10 N/A

Saturday @ 10:00

Saturday @ 10:15

Adult Basic 1 and 2

Wednesday @ 11:30 am N/A

Tuesday @ 5:45

or 5:15 pm

Saturday @ 10:00

Saturday @ 10:15

Homeschool Class Schedule*

Tuesday 10:15 –Snowplow 1-2-3

Tuesday 10:45– Basic 1-4

Tuesday 11:15– Basic 5 thru FS 6

ALL HOMESCHOOL CLASSES ARE AT NORTHCROSS

8 week Session Schedule

(Basic 3 and Above)

NORTHCROSS



Wednesday @ 5:15

Thursday @ 5:15 N/A

Saturday @ 10:00

Wednesday @ 5:15

Thursday @ 5:15 N/A

Saturday @ 10:00

Wednesday @ 5:50

Saturday @ 10:35

Wednesday @ 5:50

Saturday @ 10:35

Wednesday @ 5:15

Saturday @ 10:00

I-35 TRAINING CTR



Basic 3

Tuesday @ 5:45

Saturday @ 10:15

Basic 4

Tuesday @ 5:45

Saturday @ 10:15

Basic 5-8

Tuesday @ 6:20

Saturday @ 10:50

Freestyle 1-6 (all ages)

Tuesday @ 6:20

Saturday @ 10:50

Adult Basic 3- 4

Tuesday @ 5:45

Saturday @ 10:15

Adult Freestyle

Adult Freestyle Skaters are encouraged to attend any of the above Freestyle classes

Specialty Classes Nov 26-Feb 12

Wednesday-style and Presentation

Saturdays-Jumps and Spins

Power Skating

(Low*) Sat am @ 9:15a Northcross Power Skating
(Int*) Sat am @ 8:00a I-35 Rink Power Skating
(high*) Sat am @ 7:30a I-35 rink

*Ask your coach for the appropriate level info!

Skaters may only advance after evaluations on week 4 or 8.

All schedules subject to change each session

FREQUENTLY ASKED QUESTIONS



WHAT DO I WEAR?

We recommend light layers for most students. Gloves or mittens are nice for warmth as well as protection. Long pants or tights/leggings are most appropriate due to the temperature and surface texture of the ice.

SHOULD I BUY MY OWN SKATES?

Our professional staff feels if you are just beginning, a pair of rentals will be just fine. As you progress, the comfort, support and consistency of your own skates will be of great benefit. If you are considering buying skates, ask your coach or pro-shop professional what they would recommend for your skill level. Skate rental is included in your lesson package, however rental skates are available on a first come, first served basis. We cannot guarantee availability.

CAN I BE PROMOTED TO THE NEXT SKILL LEVEL IN THE MIDDLE OF A SESSION?

Skill evaluations are only done at week 4 and week 8. Students can only be promoted to the next skill level at the beginning of a session or week 5 of an 8 week session.

WHAT ABOUT THE COACHES?

All our coaches are members of one or more professional organizations, including, USFSA, PSA and ISI and more. All have experience with coaching and/ or competitions and many have skated at the national level. We are constantly improving our skills with continuing education, professional seminars and accreditation exams. Most coaches are available for private instruction, also. Contact the coach or skating director for more information.

WHAT IS THE COST?

Snowplow, Basic 1 and Basic 2	\$48.00 / 4 week session
Adult Basic 1 and 2	\$48.00/ 4 week session
Basic 3 thru Freestyle 6	\$120.00 / 8 week session
Adult 3 –4 and Freestyle	\$120.00 / 8 week session
Specialty Classes	\$120.00 / 8 week session

Annual USFSA Membership (\$12.00) required with 1st enrollment and each September.

DISCOUNTS:

Discount for online registration (8 wk only) - \$10.00
Multi-Class / Multi-Family Member Discount- \$20.00*

* **Multi Discount is applied to the highest level class**
Discounts will not be applied to pro-rated enrollments.



Chaparral Ice Northcross
2525 W. Anderson Lane
Austin, Texas 78757
512-451-5102

Chaparral Ice Training Center
14200 I-35 North
Austin, TX 78728
512-252-8500

- Each series of lessons includes:**
- One weekly 30 minute lesson
 - Skate Rental
 - Unlimited \$3.00 admission to public sessions (skate rental included)
 - One "Bring A Friend" Pass
 - Skills assessment/evaluation
- 8 Week sessions also receive:**
- 4 Free passes for public skating

For online registration,
information on schedules, and
special events
www.chaparralice.com



We are pleased to offer group instruction for students of all ages and abilities. Classes are formed for TOTS (Snowplow Classes) thru adults. Basic principles are introduced at the earliest stages and reinforced as the skater advances. These fundamentals provide a basis for recreational skating as well as a solid foundation for achieving a high level of success in either hockey or figure skating. Each class is based on a specific skill level ; however , instruction will include a review of skills as well as an introduction to concepts and challenges from higher levels.



The nationally recognized **USFSA** (United States Figure Skating Association) endorses our curriculum and standards, thus providing the basis for a skills assessment or evaluation at the end of each series of lessons. As a skater advances thru the levels they will be rewarded with a badge to proudly display!

Upcoming Session Dates

4 week sessions:

Jan 14– Feb 9

Feb 11-March 8

8 week sessions:

Feb 11-April 5

We offer classes all year long, so look for the

Spring dates soon!

Whether building a strong foundation for recreational skating or developing the basic skills for figure skating or hockey, our program will benefit you.

We provide quality instruction in a fun and enjoyable setting.



Ask us about
LEARN TO PLAY HOCKEY
classes or go to
www.chaparralice.com.