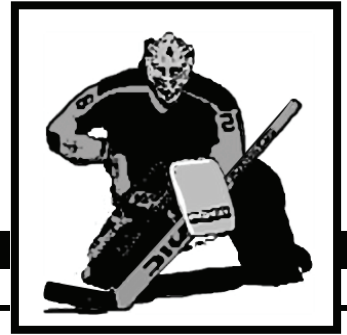




ICE HOCKEY



Hockey Power Skating

Dates: July 6,13,20,27

Day & Time:

Tuesdays 7:45-8:45 pm Adult Class (15 yrs and up)

Instructor: Brendan McInerney

Location: Northcross Mall location

Cost: \$60 per 4-week session, pre-registration suggested. Online under Hockey Classes– July.

- Class will consist of Breakdown of stride techniques, edge work, forward and backward stride, agility, turns and transitions and stops and starts.
- Please you have a water bottle with a squirt top. This is a high-paced, high-energy class. Full gear is required.
- USA hockey Insurance is needed to participate in class. Go to www.usahockey.com and get registered.

Program Coordinator
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WWW.CHAPARRALICE.COM