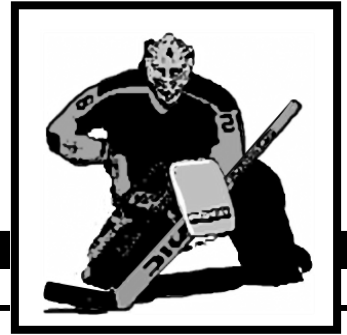




ICE HOCKEY



Hockey Power Skating Tuesdays at Northcross Mall

Dates: Session I June 3rd, 10th, 17th, and 24th
Session II July 8th, 15th, 22nd and 29th

Time: Squirt & PeeWee (1996 & younger) - Tuesdays 6:45– 7:15 pm
Bantam through Adult (1995 and older) - Tuesdays 7:30 - 8:15 pm

Cost: \$48 per 4-week session or \$15 per drop-in class

Location: Northcross Mall

Instructor: Ian Larocque– former Ice Bat

Stick & Puck session is 5:45-6:45pm. Students enrolled in Power Skating can do Stick & Puck at discounted rate of \$8.

- Class will consist of Breakdown of stride techniques, edge work, forward and backward stride, agility, turns and transitions and stops and starts.
- Please ensure your child has a water bottle with a squirt top that he/she can take onto the ice with them. This is a high-paced, high-energy class. Full gear is required.
- USA hockey Insurance is needed to participate in class. Go to www.usahockey.com and get registered

Clinic Coordinator
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